10 Things Every Mom Should Teach Their Kids About AI

AI is Smart, But Not Perfect

AI can make mistakes, so always fact-check its answers with trusted sources like books and teachers

Example: If ChatGPT says something about Black history, let's verify it with a reliable source.

AI Can Be Biased

AI learns from existing data, which can include racial and gender biases

Example: Let's search "doctor" on an AI image generator—does it mostly show white men? Why do you think that happens?

Be Mindful of What You Share Online

AI tools collect data, so kids should avoid sharing personal information (name, school, location).

Example: Would you tell a stranger your address? Then don't share it with AI tools either!

AI Can Be Used for Good—Or Harm

AI helps in medicine, accessibility, and learning, but it can also spread misinformation or be used unfairly in policing and hiring

Example: Let's talk about how AI helps doctors but also how it's used in surveillance.

Question What AI Creates

Not everything AI generates is real or accurate. Teach kids to spot deepfakes and misinformation.

Example: If AI creates a fake news article, how can we tell?

AI Can Influence Education

Schools use AI for grading, admissions, and tracking student behavior—sometimes unfairly.

Example: If AI says one student is "at risk" of failing, does that mean they actually will?

AI Controls Social Media Feeds

Algorithms choose what videos they watch on TikTok, YouTube, and Instagram.

Example: Why do you think TikTok keeps showing similar videos?

AI Should Enhance, Not Replace Creativity

Kids should use AI as a tool to support their creativity, not as a shortcut

Example: Let's have AI help brainstorm a story—but YOU decide the ending!

AI Will Change Jobs, But Human Skills Matter

AI may replace some jobs, but creativity, leadership, and empathy will always be valuable.

Example: Robots can build cars, but they can't mentor someone or show emotions like humans can.

Black Voices Are Needed in AI

Black representation in AI development is critical to ensuring fair and inclusive technology.

Example: One day, YOU could help design an AI that truly represents everyone!